

WHAT IS THE BEST WAY TO DETOXYIFY THE BODY?*

By Vicki Latham P.A.-C.

Getting a Massage, using essential oils, or detoxifying herbs or minerals, colon cleanses, colonics, other purging methods will help to remove toxins. Herbal supplements and many specific nutrients stimulate the kidneys, skin, liver, or bowel to detoxify. Infrared saunas, hyperbaric treatments, and other technologies aid the body in detoxification. Fasting is a time honored method. Specialty diets, like raw foods, algae's, and fiber/plant sterols are very beneficial. This is not a complete list, but they all have one thing in common: they stimulate the body to detoxify better. They all require the body to **ACTIVELY do** the work of detoxifying...they primarily aid the body in doing what it already does naturally, but much more effectively. These can all be beneficial as long as you have the knowledge and discipline to do it safely.

Clinoptilolite/zeolite detox is totally unique, and it works differently than any of these other things. Clinoptilolite is a natural mineral with a cage like structure. You ingest a clean cage and excrete a dirty one, meaning: You swallow drops, or take a spray of purified, micronized, activated Clinoptilolite (a negatively charged zeolite mineral) and it goes into the blood stream where it is a "toxin trap" ...drawing unto and into itself positively charged bad things...heavy metals, industrial toxins, volatile organic compounds, viral particles during replication, allergens, even radioactive particles. This is a **PASSIVE Process**. The body has NOTHING to do with it, except to pump the blood around the body and let the clinoptilolite vacuum up the toxins as it travels. It creates **NO stress** for the body; no hassle for you.

TO USE: Simply ingest the product, by mouth. It is simple to do, and requires no lifestyle changes. It is safe for everyone, from pregnant women to the elderly. (It has **FDA GRAS status -Generally Recognized as Safe).

The true miracle: it is selective, and has no affinity for healthy things like potassium, or calcium. It is not metabolized or stored in your body. 8 hours after you take it, it is 100% gone. It takes out the trash, and you put it into the dump when you urinate or have a bowel movement.

MAJOR POINT: This detoxifying process is going on 24/7. You don't have to wait for the weekend to start your colon cleanse, or live the disciplined lifestyle of restrictive diets. When you eat fish, if clinoptilolite is traveling in your blood, the mercury will be pulled into the cage, and urinated out your next trip to the bathroom. Toxicologists find that we all have lead stored in our bones, displacing calcium. If a Pregnant woman needs calcium for her baby, and her body releases the calcium into her bloodstream, will the lead accompanying it get into the fetus? It could...or...the lead could be pulled into the cage; reducing neurotoxicity risk. Baby can be healthier, and Mom gets the lead out!

Do you see how unique, how safe, how practical, and how totally revolutionary this is? And what is the very BEST Clinoptilolite product to use? **PURE BODY drops** and **PURE BODY EXTRA STRENGTH spray** from a company called **TOUCHSTONE ESSENTIALS**.

What is the easiest, most effective way to detoxify? **Take PURE BODY**...let it clean you where it matters most...at the cellular level. To learn more: www.toxinclear.com Read about Pure Body products, also check out the BLOG.

You can order PURE BODY there, or contact me below. Please share this revolutionary information with others who need to know. I believe that is EVERYONE who breaths, eats or drinks on planet Earth, especially now.

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