## WHAT IS THE BEST WAY TO DETOXIFY YOUR MILK WHEN YOU ARE BREAST FEEDING?

## By Vicki Latham P.A.-C.

It is normal when you are a new parent, to be concerned about EVERYTHING that you think could affect the health of your baby. The news is full of alarming information on environmental toxicity, and how these toxins can be, and are present in your breast milk. Therefore, it is really great news to know that there is something SAFE, and effective you can do to keep these toxins out of your breast milk.

Some methods of active detoxification, while normally beneficial, are not something that you want to do while you are breast feeding. <u>ACTIVE</u> Detoxification is using things like bathing in detoxifying herbs or minerals, colon cleanses, colonics, other purging methods. Some herbal supplements and specific nutrients can stimulate the kidneys, skin, liver, or bowel to detoxify. Infra-red saunas, hyperbaric treatments, and other technologies rid the body of various toxins. This list is incomplete, but they all have one thing in common: they stimulate the body to release the toxins from where they are stored in the body...usually in fat and bone. They all require the body to **actively do** the work of detoxifying...**BUT WE DO NOT WANT THE BODY DOING THIS KIND OF <u>ACTIVE DETOXIFICATION</u> when you are nursing. We don't want to stimulate your toxins to be released back into your blood stream, potentially ending up concentrated in your breast milk.** 

<u>But you can use a PASSIVE method with a remarkable mineral called Clinoptilolite.</u> This type of detoxification is totally unique, working in your blood, and breast milk differently than any of these other things. It is a natural, negatively charged mineral, with a cage like molecular structure. The clinoptilolite is taken orally, and then goes into the blood stream where it becomes a "toxin trap"...drawing unto and into itself positively charged bad things...heavy metals, industrial toxins, volatile organic compounds, viral particles in replication, most allergens, even some radioactive particles. You ingest a clean cage, and excrete a dirty one. This is a **PASSIVE DETOXIFICATION** Process. The body has NOTHING to do with it, except to pump the blood around the body and let the clinoptilolite vacuum up the toxins as it travels. It cleans your breast milk while creating **NO stress** for the body; **NO hassle** for you; <u>**NO risks** for your baby!</u>

TO USE: Simply ingest the PURE BODY drops in water, or on food. Or you can take Pure Body Extra Strength (PBX) spray, directly into your mouth. It is easy, and requires no lifestyle changes. It is safe for everyone, from pregnant women to the elderly. It has FDA GRAS status (generally recognized as safe...the safest rating given a product by the FDA).

<u>The True Miracle</u>: Clinoptilolite is selective; it has no affinity for healthy things like potassium, or calcium. It is not metabolized or stored in the body. 6-8 hours after you take it, it is 100% gone. It only takes out the trash, and you put it into the dump the next time you urinate or have a bowel movement.

When you eat fish, if clinoptilolite is traveling in your blood, if mercury was present in the fish, it will be trapped by the cage, and urinated out your next trip to the bathroom. Your milk is cleaner and Mom is healthier too.

Do you see how unique, how safe, how practical, and how totally revolutionary this is?? What is the very BEST clinoptilolite product to use? **PURE BODY and PBX** made by **TOUCHSTONE ESSENTIALS**. Learn more: <u>www.toxinclearessentials.com</u> You can order Pure Body there. Please share this revolutionary information with others who need to know. I believe, that is EVERYONE who breaths, eats or drinks on planet Earth, especially now.

Vicki Latham P.A.-C. www.toxinclear.com 405-714-0079 toxinclear@gmail.com

\*these statements were not evaluated by the FDA. This product is not intended to diagnose treat, cure or prevent any disease.